

# WALK WITH ME

SATURDAY 9AM JUNE 3RD - JULY 29TH



## MEET UP LOCATION

MLK NORTH PARKING LOT  
1200 M.L.K, Jr St SE, GRAND RAPIDS, MI 49506

## DESTINATION

COLLINS PARK (REEDS LAKE)  
650 LAKESIDE Dr SE, EAST GRAND RAPIDS, MI 49506



## DISTANCE

MLK TO COLLINS PARK (REEDS LAKE) 1.6 MILES  
TOTAL MILES 3.2 THERE AND BACK

## EVERYONE IS INVITED

ADULTS - KIDS - PETS



## CONTACT INFORMATION

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WALKING THE STRESS & ANXIETY  
RIGHT OUT OF OUR LIVES.

**SELF**  
SAVING EVERY LIFE FOREVER  
THE MOVEMENT